

Referral for Annual Diabetic Retinopathy Screening				Ophthalmology Society of South Africa "OSSA" Initiative			
Examined by:							
Title	Initials	Surname		Professional Number			
Telephone Number		E-mail Address		Comments			
Patient's Demographic Details							
Title	Initials	Surname		Date of Birth	Telephone number		
Patient's Clinical Information							
Examination date Day / Month / Year 2008	Diabetes type 1		Present Treatment	oral		Product Name	
	Diabetes type 11			insulin			
				combined			
Patient's Risk Factors				Score	Patient's Protective Factors		
Duration of Diabetes > 8 years				+5	Age < 15 years -10 		
Poor metabolic control HBA1C > 9%				+5			
Renal Failure (GFR < 60)				+5			
Pregnant				+5			
Previous laser photo -coagulation				+10			
Previous vitreo retinal surgery				+10			
R3 - Referable diabetic retinopathy				+10			
Vision Loss				+10			
		Total Risk		Total Protection			
		Total Score		10 or more screen by Ophthalmologist			
				Less than 10 - Accredited photographic screening			
OPHTHALMOLOGY EXAMINATION							
Examined by:							
Title	Initials	Surname		MP Number	Telephone #		
				MP			
Examination date	Day	Month	Year	2008			
Screened by	Biomicroscope		Photography				
					Right	Left	
R0	No diabetic retinopathy anywhere						
R1	Mild background D.R - at least one dot haemorrhage or microaneurysm, with or without hard exudates						
R2	Observable background D.R - four or more blot haemorrhages, in one hemi-field only						
R3	Referable background D.R - four or more blot haemorrhages, in both inferior and superior hemi-fields						
R4	Proliferative PDR - active new vessels, vitreous haemorrhages						
R5	Inadequate - not adequately visualised						
M1	Observable maculopathy - lesions in a radius of > 1 but < 2 disc diameters of centre of fovea, hard exudates						
M2	Referable maculopathy - lesions in a radius of < 1 disc diameter of centre of fovea, blot haemorrhages, hard exudates						
	Cataract						
	Rubeosis iridis						
Co- incidental findings	Laser scars						
	Pigmented lesions						
	ARMD						
	Myelinated nerve fibres						
	Retinal vein thrombosis						
	Asteroid hyalosis						
Outcome: booked for	Biomicroscopy	Laser photocoagulation	Vitreoretinal surgery		Anti - Veg F / Intra Vit		
Patient Consent obtained to add info to the register			yes	no	Registry # office use only:		
Follow Up	3 months	6 months	12 months				